

SPAGHETTI SAUCE



In a Dutch oven, cook sausage, ground beef, onion, and garlic over medium heat until well browned. Stir in crushed tomatoes, tomato paste, tomato sauce and water. Season with sugar, basil, fennel seeds, Italian seasoning, 1 tsp salt, pepper and 2 tbsp parsley. Simmer covered for 1 1/2 hrs, stir occasionally.

1	Lb Sweet Italian Sausage	1 1/2	Tsp Dried Basil Leaves
3/4	Lb Lean Ground Beef	1/2	Tsp Fennel Seeds
1/2	Cup Minced Onion	1	Tsp Italian Seasoning
2	Cloves Garlic, Crushed	1	Tsp Salt
1	28 oz Can Crushed Tomatoes	1/4	Tsp Ground Black Pepper
2	6 oz Cans Tomato Paste	2	Tbsp Chopped Fresh Parsley
2	6.5 oz Cans Tomato Sauce		
1/2	Cup Water		
1	Tbsp White Sugar		